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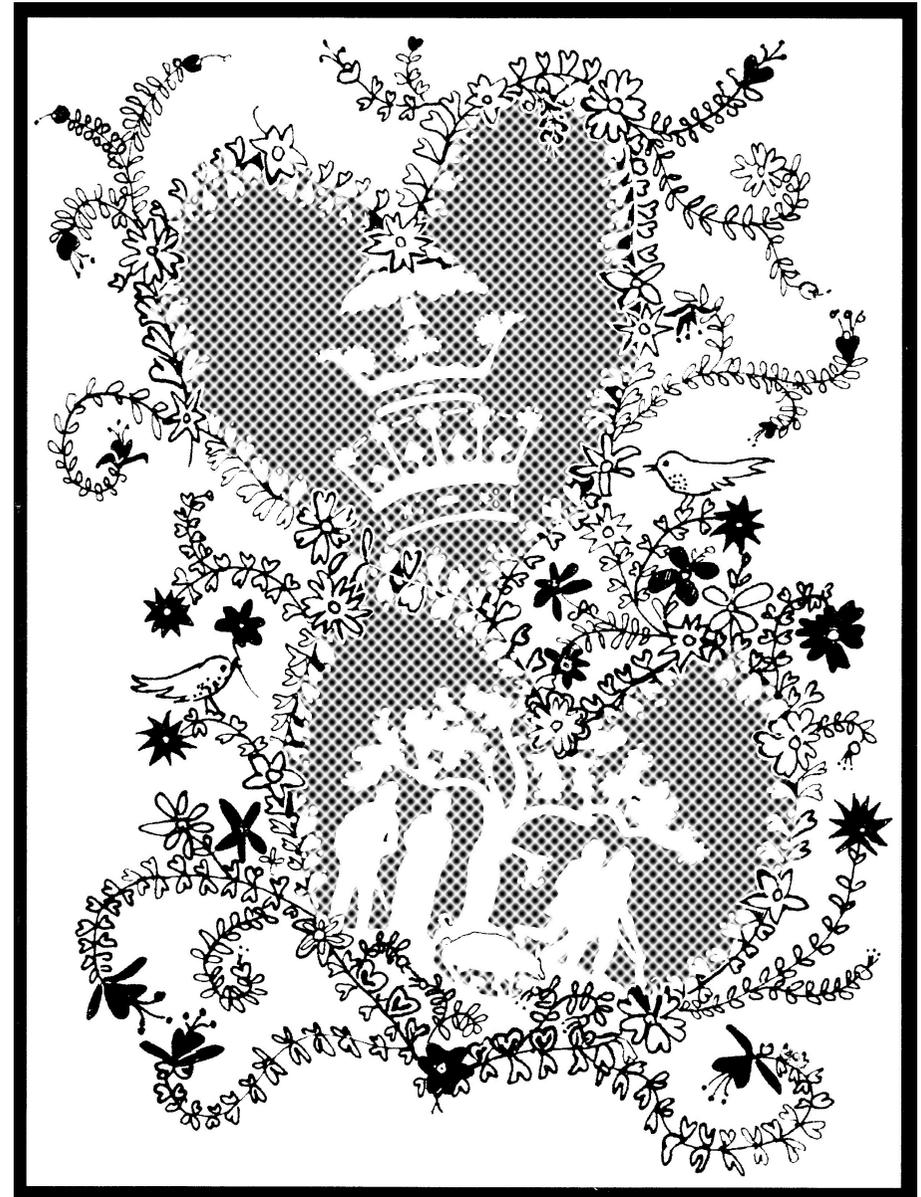
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Ashburnham and Penhurst Parish Magazine February 2019



Please send contributions for the March issue by Friday February 1st.
We reserve the right of refusal & the right to edit any articles

You are invited to celebrate the start of a new farming year

PLOUGH SERVICE



**Sunday 3rd February
at 11am**

at Ashburnham Village Hall

(Akehurst Field, Brownbread Street TN33 9LW)

with donations to Royal Agricultural Benevolent
Institution and Farming Community Network

Followed by a light home-made lunch

For more details, please contact Tina French: 01424 892580 or
Jennifer Oldroyd: 01323 832748

Arranged by Ashburnham Parish Church

Children very welcome. Please feel free to bring along a gardening tool or a packet of seeds which can be blessed during the service, acknowledging our need for God's help in the year ahead



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Dear Friends,

I met a Time Lord the other day. 'Dr Who?' you may well ask. It was quite a serendipity moment whilst drinking a coffee in a nearby café/garden centre. 'Excuse me' I said, 'are you Tom Baker, the former Time Lord, I remember watching you all those years ago?' He replied 'that was thirty-eight years ago!' So, ensued a discussion about television and also, an in-depth discussion about Christianity, Time, Hope, Eternity. We were so engaged in this discussion that his tea went cold. 'O that often happens when people recognise me,' he said.

For all 'Dr Who' fans, of which I am one, his mode of transport was the Tardis in the shape of an old police box. 'Time And Relative Density In Space'. Time travel of course is purely science fiction. The Time Machine by H.G.Wells was perhaps one of the earliest written pieces of science fiction. The film 'Back to the Future' and its sequels have proved to be great box office hits. Many of us are fascinated by the thought of travelling through time.

Time is another matter when it comes to God. 'A thousand ages in thy sight are like an evening gone' the old hymn reminds us. He created time when He created the universe and set the Earth in it with its twenty-four-hour days, and set a precise distance from the sun that we do not burn up, or too far away that we freeze to death. What we do with the comparatively short time we are on this earth is of paramount importance. A New Year may well be a good point in time to re-assess our lives in relation to God and to use this period of our lives to not go forward or backwards in time but use the time we have right now as what has been described as 'The Sacrament of the Present Moment'.

With my prayers, PETER



Agmerhurst Granary, Kitchenham Road,
Ashburnham, Battle, TN33 9NA
Tel: 01424 892941
p.walker977@btinternet.com

Chapel News

Our Carol Service offerings amounted to £343 and this was sent to Snowflake to help provide shelter for the homeless of Hastings and St. Leonards on the cold winter nights.

Janet's Christmas lunch for the over 65's was held in the Village Hall this year because as you probably all know Penhurst Retreat is undergoing a major refit. Approximately 22 seniors enjoyed a roast lamb lunch with Christmas pudding to follow and all received a present from the 'helpers'. The 'helpers' were given a present each from the seniors and a great time was had by all.

We even managed to sing a few carols.

Janet provided a Christmas Day lunch at her home for the people in the village who were on their own and together they had a very happy, relaxing time.

We will again be holding 3 healing services in 2019 and pray that Our Lord will Bless these as he did the 2018 Services. The dates for these are 28th April, 28th July and 20th October. Please mark these dates in your diaries and on your calendars to ensure you do not miss these very blessed services.

Don't forget, if you have anything you would like us to pray for, just pop a card in the Prayer Box at the chapel. We had many prayers answered last year and of course Our Lord loves us to pray to Him. He is always ready to listen to our petitions, so don't wait until you have tried everything else before you turn to Him in prayer

The Seed-Shop

Here in a quiet and dusty room they lie,
Faded as crumbled stone or shifting sand,
Forlorn as ashes, shrivelled, scentless, dry -
Meadows and gardens running through my hand.

In this brown husk a dale of hawthorn dreams;
A cedar in this narrow cell is thrust
That will drink deeply of a century's streams;
These lilies shall make summer on my dust.

Here in their safe and simple house of death,
Sealed in their shells, a million roses leap;
Here I can blow a garden with my breath,
And in my hand a forest lies asleep.

Muriel Stuart

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Kitchen Garden Volunteer



If you love being in the walled Kitchen Garden at Ashburnham Place and would like to be involved then we have some great opportunities to get your hands dirty on a Thursday, Friday, Saturday and Sunday!

We are looking for a volunteer(s) to help with the growing and care of our fruit and vegetables, whether you have no experience in gardening or are a keen gardener.

If you are interested we think you will need to:

- Be happy to work on your own
- Enjoy working outside
- Be able to follow instructions
- Work unsupervised

Tasks include weeding, watering, opening and closing growing spaces. If you would like more information then please email kitchengarden@ashburnham.org.uk

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For more information please contact our branch on

01424 559 202

hastings.rother@radfieldhomecare.co.uk



Village Noticeboard

Pub Quiz
at the Ash Tree Inn
5th February at 7.45pm
£1 entry, £5 set meal
01424 892104
Join us for a battle of wits!

ASHBURNHAM & PENHURST WI
Monday 18th February
Making skincare products with Juliette Goggin



Ashburnham Village Hall
7.15pm for a 7.30pm start
Visitors and new members always welcome

For more details see our webpage
<https://ashburnham-penhurst.net/>



Follow us on Facebook

Book Club
Our next gathering will be at 2pm on **Friday 22nd February**
Street Cottage
For details call Nicky on 01424 892474
We will be chatting about the books we have enjoyed since the last time we met: sharing, swapping, lending and recommending

Village Lunch
Wednesday 20th February
at the Village Hall
Lunch is cooked for any older residents in our villages who would like a bit of company and a delicious meal. Transport can be arranged. For more information or to book a place, ring Janet on 01424 892311

Table Tennis Club
Meets at the Village Hall on Wednesdays at 7.45pm
Call Janet on 01424 892311 for more information

The Ashburnham and Penhurst Gardening Club
is meeting on
Monday 25th February at 7.30pm
in the Church Hall, Ashburnham Place
Visitors are most welcome
For more details please contact us via the website www.ashpengc.org.uk

MI
Meets on Tuesday 12th February at the Ash Tree Inn from 8.30pm
All men in the Villages welcome to join us for a drink and find out more about our upcoming events

The Coffee Stop

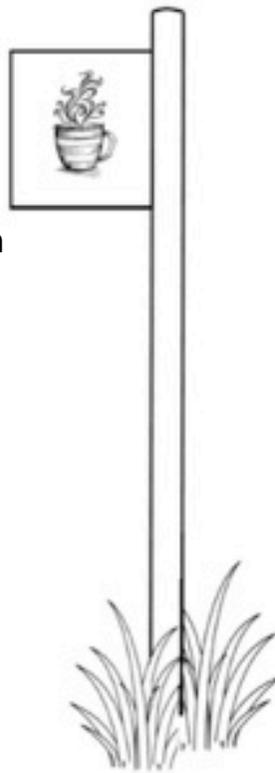
Drop in anytime between 10.30am - 12pm
for a cup of coffee and a chat.

All ages and interests welcome.
We meet at the Sports Pavilion.

The next one is on
Friday 1st February
(First Friday of the month)

Hope to see you there!

(A community initiative supported
by the WI and Parish Council)



What's in a name ?

Some eagle eyed members of our Parish have commented that there appear to be cases where a street name has been changed without due notice and/or roads that did not have a name now having been given new names! There have even been examples cited where multiple names seem to be used for the same road / street.

This is all very intriguing and in need of some unravelling!

As committed at last year's Village Meeting, the Parish Council intends to help assist in clarifying the correct identification of all roads in the Parish.

Keep a watch on the Ashburnham and Penhurst community page
(found at <https://ashburnham-penhurst.net>)
for more information about how this is going to be done.



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If you are planning to visit anytime here is notice that we will be closed this year for the following dates:

MARCH 2019: Saturday 2nd – Sunday 3rd
MAY 2019: Saturday 4th – Sunday 5th
JULY 2019: Saturday 20th – Wednesday 31st

We may be closed for other dates during 2019. Notice of closures will be displayed in the Orangery and on our Facebook page or please call before visiting.

Open: Tuesday – Sunday: 10.30am-5.00pm

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The Filling Station at Ashburnham Place

The Filling Station is an informal way of expressing the Christian Faith, meeting on **Monday 11th February**



Our speaker will be Mark Hirst, talking on the theme of 'Sent'.
Mark is part of the Battle Baptist Leadership Team

Meet at 7pm for Coffee and Cakes **in the Conservatory** before gathering in **the Great Hall** for a time of extended worship and powerful prayer ministry. Come and be filled up!

For more details see website
www.thefillingstation.org/station/ashburnham or contact
Catherine on 01580 881816 or catherine@duggleby.com

the PlayCafé 'too small for school'

Wednesday mornings (term times), 10am till 12 noon
Adults must be accompanied by at least one baby or toddler!

You can find us at Ashburnham Church Hall, in the grounds of
Ashburnham Place, Battle. TN33 9NF

You can park in the main car park and the Café is signposted from there.
All are welcome to come for coffee, chat and play.

Plenty of toys, messy creative play, singing, outside fun,
a quiet corner for tiny tots.

Give Margaret a ring on 01424 777011. If she's not in,
leave a message and she will ring you back as soon as she can.

Supported by Ashburnham Church

Did you have a happy Veganuary...?

If you shop regularly in Hailsham or Bexhill you may have noticed the presence of a group of people advocating veganism. "Animals are friends, not food" may be chalked on the pavement, and leaflets are distributed showing grisly pictures of slaughterhouses and cruel methods of keeping or killing animals for food.

For economic reasons, I don't eat a lot of meat. But I still enjoy bacon for breakfast, the odd chicken fillet for my evening meal, or a good beef stew in the winter months. Am I being cruel? Am I encouraging bad practices in the meat producing industry? Also, am I going against my Christian beliefs?

It does seem to be clear from the Old Testament that God originally did not intend humans to need meat. In the Genesis stories of creation we read: "Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food."

The problem of course arose when that perfect world was spoiled by disobedience, and God flooded the whole world in punishment: sin means death. After the flood, God made a new arrangement with Noah and his family: "Then God blessed Noah and his sons, saying to them, "Be fruitful and increase in number and fill the earth. The fear and dread of you will fall on all the beasts of the earth, and on all the birds in the sky, on every creature that moves along the ground, and on all the fish in the sea; they are given into your hands. Everything that lives and moves about will be food for you. Just as I gave you the green plants, I now give you everything." And of course in this new world order, they were going to have to work hard at farming the land – with a consequent need for a good source of protein.

Nowadays, excellent sources of all the major food groups are easily obtainable from all over the world. Alongside that – particularly in our own corner of that world – the rearing of animals for meat is a major economic consideration.

It would be interesting to know how many people in this community avoid meat for whatever reason.

Jennifer Oldroyd



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A S H B U R N H A M
P L A C E

Grounds and Gardens

Here are some events this year that you might be interested in, exploring the beautiful grounds and gardens here.

Dawn Chorus Walks

Wed 10th & Sat 24th April

History Walks

Thur 6th June & Sat 7th Sept

Nature Walks

Thur 12th Sept & Sat 21st Sept

For more information go to
www.ashburnham.org.uk

Penhurst Retreat Centre

This month, the Retreat Centre will re-open after the major refurbishment project that has been taking place over the last three months. We now have fantastic electrics, a fully pressurised water system and en-suite bathrooms. The work has gone well and we look forward to welcoming old friends back to the Centre and introducing new friends to this lovely place.

On Saturday 2nd March we are holding our annual Penhurst Family Day with a chance to meet together, bless the new rooms and pray for the Retreat Centre as it enters a new phase. If you are interested in joining the Penhurst Family, get in touch and we can give you more information and sign you up!

You may have already heard that after 15 years of amazing ministry here at Penhurst, Richard and Storm have decided that it is time to move on at the end of June. They say, "Throughout 2018, as you know, our time has been stretched. As well as sensing that it was time to pass things on at the Retreat, we feel that the time has now come to focus fully on our own family, both the young and the old, whistle the opportunity is still there for us to do so with energy and loving commitment."

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Baby Yoga, Sing & Sign plus much more! See website for the schedule.

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Book Review

Making Winter by Emma Mitchell

The subtitle of this book is 'A creative guide to surviving the winter months' and it is a real treat on a grey winters' day just to flick through this beautifully produced book.

Emma is a 'designer-maker, craft teacher and naturalist', who runs nature inspired craft workshops and retreats. She writes openly about her struggle with depression which deepens as the days shorten in winter. She has found that getting outside and engaging with nature or doing something creative, helps lift her mood. She has read research articles that back this feeling up with scientific rigour and weaves their findings into this book.

The book contains recipes, (I made the Apple and Caramel Chelsea Buns recently which were delicious!) crochet patterns, ideas for making crafts using what we find outside - woodland wreaths for example and keeping an illustrated nature diary. There are also more ambitious ideas, for example, making Silver Clay jewellery - all accompanied by step-by-step instructions.

I would recommend this book to anyone who loves living in the countryside and wants to get out and find new ways to enjoy it, even in winter! There are some simple ideas that can help anyone be inspired to take notice of the lovely part of the world we are privileged to live in and appreciate it even more. There's also a recipe for a 5 minute chocolate fondant made in a mug - perfect for those wet, grey days when you can't face going outside! The ultimate winter comfort food.

Emma's latest book, 'The Wild Remedy' has just been published and is described by her as "A diary of my nature walks and how they alleviate my depression". It is beautifully illustrated with her botanic paintings and photographs she has taken.

Jay Ashworth

Parish Magazine Contact Details

If you would like to advertise
phone Andy on 01424 893033 or
email hoadie86@yahoo.co.uk

If you have a question about delivery
contact Catherine on 01580 881816

To submit articles or village notices
contact Jay Ashworth on
01424 532972 / 07876 484945 or
email jay.ashworth@btinternet.com

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Battle Area Community Transport

Every Tuesday- 10am The Pound

10.05am Ash Tree Inn

10.25am arrive Battle Abbey Green

12.05pm leave Battle Abbey Green

12.30pm Ash Tree Inn

For **Ashburnham Church** events and information go to
www.ashburnhamandpenhurstchurches.org.uk

For **Village** events and information go to
www.ashburnham-penhurst.net

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For information about Church Services contact

Ashburnham Church

Jennifer Oldroyd 01323 832748

Nick Thompson 01424 219225

07805895449

Penhurst Church

Anthony Ramsey 01323 764557

Ashburnham Chapel

Fay Ramsden 07860 113413

01424 830078

Please note that the inclusion of
advertisements for local services in this
magazine does not constitute a
recommendation.

Readers are advised to make their own
enquiries to ensure good service.

Ron's Ramblings.

Don't you just love Christmas, with it's wall to wall sprouts, the under/overcooked poultry, the dog snaffling the pigs in blankets, Auntie Flo hitting the sherry just that little too early? You then spend the next few days thinking, 'If someone mentions turkey once more, they're going to be on the menu next year.' It can be a magical time of the year but I'm sure many of us look forward to its passing and getting back to normality. Bah Humbug !

And what is it that causes people to drive themselves silly, trying to buy presents for people that they are convinced they will love, when perhaps a lot of it will end up on Mrs K's Green Elephant stall at the Village Fair? I blame the hype from the retailers who start pushing the Christmas message as early as August. Wouldn't it be much simpler if all mention of Christmas was banned until the start of December ? As a bye the bye, I'm writing this on the 1st January and understand that Sainsbury's have Easter eggs on their shelves! (Just in case you're interested.)

Mrs K and I both received slippers. Mine has been added to the collection of slippers that are lurking at the bottom of the wardrobe (any takers ? I can do a good deal on a bulk purchase). Mrs K's were a beautiful burgundy colour. One size 4 and the other 5. The daughter in law had a very nice box of milk chocolate covered Brazil nuts. She's a vegan and has a severe nut allergy. It got even better for the grandson. He got a megaphone with pre-recorded messages. All in German. Sounded as though the factory in China found a recording of dear old Adolf addressing a crowd at Nuremberg and used that. The following day, the boy annexed his brother's toy cupboard.....

New Year was better. We always go to an old friend's house, have a lovely meal and then see the New Year in. One of our number likes to invent board games which we all have to get involved in. This year it involved telling jokes which were then scored on a 'Laughometer'. He ended up throwing the toys out of the pram when we started telling our own jokes, which were funnier than the ones he'd written down! Some people are strange.

Ronnie King

I'm sure we all enjoy reading Ron's reflections each month, if there are any other budding writers out there, please get in touch.

It would be wonderful to have Panto reviews, reflections on life in Ashburnham and Penhurst, reviews of local eateries, ideas for walks etc in the Parish Magazine.

Get in touch with Jay Ashworth - jay.ashworth@btinternet.com

Ashburnham Church



Coming up in 2019

2 February **Nick Heasman** **'A sojourn in Zim'**

Those who came to Nick's talk last year will know that Nick is worth a listen to. This time he unpacks his family's recent adventure in Zimbabwe.

Nick is Kitchen Garden Manager & Employability Co-ordinator – at Ashburnham Place.

27 April **Malcolm Richards** **'Grace & Mercy'**

Malcolm will unpack his faith journey that has threaded its way through a variety of settings.

Malcolm is a retired Police Inspector after 31+ years' service in Sussex & abroad as a policing advisor for Foreign & Commonwealth Office on Island of St. Helena, South Atlantic Ocean. Former Emergency Planning Officer, Church Administrator and Manager of Hailsham Foodbank. Currently he is Debt Centre Manager at ChristChurch Hailsham. He is a father and grandfather and a keen cyclist who no longer looks good in Lycra, but doesn't care!

15 June **Mike Cooper** **'Being Prepared'**

Drawing together stories of his time in the RAF, Mike will reflect on his journey as a Christian. After joining the Royal Air Force at 17, Mike served in Early Warning stations around the UK until he finally walked out onto 'civvy street' which eventually saw him make a complete 'career' change - behind the wheel of a double-decker bus!

Michael became a Christian as a chorister in Maidstone and he still supports Maidstone United FC, as well as loving Pink Floyd and real ale. He joined Christian Vision for Men in 2013 and is now Director for England and Scotland. His prayer is that he can use the gifts God has given him to continue to build a strong, accessible, dynamic, engaging ministry; relevant and life changing to men.

28 September **Rev Peter Walker** **'Yes, we have no Mananas'**

More reflections on the Spanish road of Peter's Christian journey

Peter served for three and a half years as chaplain to ex-pats on the Western end of the Costa del Sol, Southern Spain. Working with ex-pats on the Costa del Sol, Peter cared for two English congregations from Marbella to the Gibraltar border.

30 November **Bishop Richard** **'It's the end of the World as we know it:
Are Christians so heavenly minded that they're no earthly good?'**

Richard didn't get out of the way fast enough, and was made Bishop of Lewes in May 2014. He has responsibility for the Anglican Church in East Sussex, Brighton and Hove.

Ashburnham Church Hall

The Church Hall is situated in the grounds of Ashburnham Place, tucked just inside the wall of the Kitchen Garden. It is used for Sunday school, the Play Cafe, coffee after the Sunday morning service and the occasional Sunday shared lunch.

The building consists of one large room, two smaller rooms, two WCs and a very well equipped kitchen. There is a small garden at the back. Village residents are welcome to use the facilities for children's parties, coffee mornings, teas, committee meetings, etc, and we simply ask for a donation towards the upkeep of the hall.

Clive Mills has taken over as caretaker of the hall, and also keeps the bookings diary. Please contact him if you would like to make a booking, or if you have any other query about the hall. You can telephone on 01424 777011, or email to clive.mills@ymail.com

The Art Group

meets every Thursday morning from 10am to 1pm in
The Sports Pavilion, Ashburnham, TN33 9NU

Art Workshop Day on Thursday 7th February at 10am-3.30pm
with Viv Walkington.

We'll be creating "a very atmospheric watercolour and charcoal combination... developing drawing skills and an understanding of tone. Different, messy, challenging and rewarding"

Tea and coffee provided but please bring a packed lunch on workshop days. Details of all our Tutored Sessions and Workshop Days will be published here.

Drop in any Thursday to non-tutor sessions for £5 but
for the Tutored Sessions at £12 on the day, and Workshop Days at £20
please **book your place by texting your name**
(and email address if you need directions) to
Barbara: 07703 284496 or Elfreda: 07774 066578.

Parish Council News

There can hardly have been a road or lane in the parishes that has not had a visit from the drainage team of East Sussex Highways in December. The ditch clearing work is part of a schedule of maintenance activities which the highways team shares with the parish council who are also consulted about issues such as frequency of verge cutting. The parish council meets with our area Highways Steward twice a year under their 'Strengthening Local Relationships' initiative.



However, although highways, byways, hedges and fingerposts are an important part of preserving the AONB, wider ranging issues can also be addressed. Right now the Sussex Lund grants programme is open for new applications for small-scale practical projects that improve the landscape of the High Weald Area of Outstanding Natural Beauty (AONB).

Previous funded projects include schemes that:

- **Improved wildlife habitats** e.g. creating ponds, removing non-native species (e.g. rhododendron and leylandii), hedge and tree-planting and restoring, and creating more wildlife-friendly greenspace and verges.
- **Improved scenic beauty** e.g. planting street trees, removing or screening eyesores and replacing 'hard', man-made boundaries with soft, natural boundaries.
- **Improved access** e.g. creating new access points to green spaces and replacing stiles with gates for better access.

So, put on your thinking caps, look around you and let any parish councillor know of any ideas you have which the parish council can work up to an application for funding from the Sussex Lund programme.

Brian Holdstock, Clerk to the Council, Email: clerk@ashburnham-penhurst.net
Land line: 01323 832082 with answering machine, Text: 07836 716723
If leaving telephone voice messages please leave your name and call back number.

Council meetings are on the last Wednesday of alternate months and Planning Committee (if required) on the last Wednesday of intervening months.
All meetings are in public and members of the public are encouraged to attend. There is an agenda slot near the start of the meeting for members of the public to address the Council. The agenda is published online at the village web site three clear days before the meeting and hard copy is put on the notice boards at The Chapel and Penhurst Granary.
A summary of currently undecided or recently determined planning applications is on the 'Planning' page at the village web site. It contains a link to the Rother DC planning portal if you want to view documents.

New Village Hall Update



There is a lot going on behind the scenes at the moment with the Design and Planning Committee in discussion with the architects and planning authorities about windows and roof tiles. We are hoping for positive decisions soon!

There are also various legal issues being sorted out regarding the site, as soon as these are resolved work will begin on the entranceway. You may remember that improving this area was a condition of the original planning permission and that we have already received funding for the works via the National Lottery.

100 Club

Raise money for the New Village Hall and you could win a cash prize!

It costs just £12 for the year and you could win the monthly draw of £25

The Prize Draw is held at the Pub Quiz at the Ash Tree Inn each month

To sign up or renew your membership
Ring Robin or Gill on 01424 892674

Ashburnham and Penhurst Flower Show and Country Fair

It may still be a few months off but while it is cold and grey, why not dream about summer, sunshine and fun and join the informal group who plan and organise this fantastic community event each year?

Our next planning meeting is on 3rd April, 7.30pm at the Sports Pavilion.
Do come along and get involved!

The Ashburnham Estate – Sir John Ashburnham

Do you have ancestors you are not proud of?
I have one that I am not sure about...

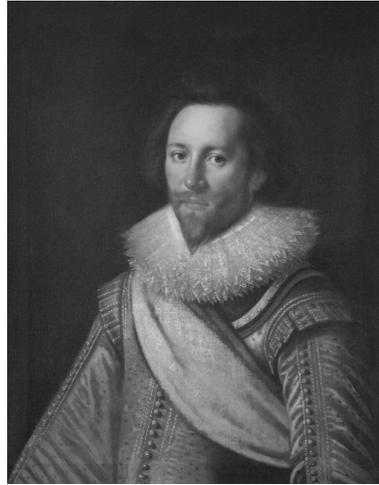
Almost 450 years ago one of mine, my great grandfather with nine “greats”, called John Ashburnham (not, of course, to be confused with his grandfather John who died in 1562, nor his father John born 1545) who was born in 1571. He lived at Ashburnham Place, although in the original Tudor house located on what is now the West Lawn.

His sons John “the Cavalier” (b.1603) and William rebuilt St.Peter’s Church in 1665. The inscription on John the Cavalier’s memorial in the family chapel of St James within the church gives an extensive and unusual narrative of his father’s life, given his father is not buried there.

The short version is that Sir John was knighted by King James I at The Tower of London in 1603/04. However, the memorial goes on to say that his *“good nature and frank disposition towards his friends in being deeply engaged for them necessitated him to sell this place... and all the estate he had elsewhere, not leaving to his wife and six children the least substance...”* In other words he was so generous to his friends, that he was forced to sell Ashburnham for £8,000 in order to clear his debts!

He was also sent to Fleet Prison where he died in 1620, although his widow Lady Elizabeth Ashburnham later remarried and became the 1st Baroness Cramond in the peerage of Scotland. She was remembered by some for her collection of prayers printed in 1645; no doubt what sustained her during the highs and lows of her life. Maybe she knew her Bible and had read Proverbs chapter 22 verses 26 & 27 more than her husband?

So I cannot make up my mind, whether I am proud of Sir John. For being so generous to his friends, but so much so that he didn’t take care of his own business sufficiently to look after his own family. Perhaps sometimes it is a fine line to walk – to care for one’s family whilst remaining as generous as possible to others. Either way I am glad he is honoured by his children in the way he is on the memorial, which goes on to say: *“...give God the prayse, who soe suddenly provided both for his wife and children as that within less than two years after [his] death... there was not any of them but was in a condition rather to be helpful to others then to want support themselves.”*



Sir John Ashburnham
1571-1620

News from St Michael’s Hospice

Yellow Week

Monday 4th – Sunday 10th February

Become a Hospice superstar by showing your support for St Michael’s Hospice’s annual awareness week. What will you do? You could hold a cake sale, host a mufti-day, create yellow mocktails and cocktails, raffle or create and sell yellow crafts. The choice is yours, all they ask is you help raise awareness and fundraise in aid of the Hospice. The cost of running the Hospice is £6 million each year, so every donation, however large or small helps us provide high quality, responsive palliative care and bereavement support across Hastings and Rother. For more information contact the Fundraising team on **01424 456396** or email fundraising@stmichaelsospice.com

Keep in touch with St Michael’s Hospice

Would you like to keep up to date with the latest events and news stories from St Michael’s Hospice? Why not sign up to their newsletter? Sent three times a year by post, it is full of patient and supporter stories, event diary and updates from Chief Executive, Karen Clarke, and Chairman, Irene Dibben. Sign up today at www.stmichaelsospice.com/keepintouch

Volunteers needed

St Michael’s Hospice are looking for volunteers to join their team in a variety of roles from working in our shops, helping at our events or working in the Hospice - either in the reception area, our offices or directly supporting patients. As well as giving back to your local community, volunteering is great for boosting confidence levels, enables you to use existing skills and develop new ones, make great friends and improve your social life, and even help you gain useful experience towards further training and career choices. If you would like to get involved, visit www.stmichaelsospice.com/volunteering for more information.

Save the Date...

Out of the Blue Coffee Morning on Saturday 20th April
at Ashburnham Sports Pavilion

February Diary

Fri 1	10.30am-12pm	Coffee Stop	Sports Pavilion
Sat 2	8.30am	Men's Breakfast	Ashburnham Place
Sun 3	11am 10.30am 6.30pm	Plough Sunday Service Holy Communion Evening Service	Village Hall Penhurst Church Ashburnham Chapel
Mon 4	9.15-10.45am	Yoga	Sports Pavilion
Tue 5	7.45pm	Pub Quiz	Ash Tree Inn
Wed 6	10am-12pm 7.45pm	Play Cafe Table Tennis	Ashburnham Church Hall Village Hall
Thu 7	10am-3.30pm 7.30pm 8pm	Art Group Workshop Day Bell Ringing Ashburnham Church Housegroups	Sports Pavilion Ashburnham Church Various Locations
Fri 8			
Sat 9			
Sun 10	10.30am 10.30am 6.30pm	Communion Service with Children's Activities Morning Prayer Evening Service	Ashburnham Church Penhurst Church Ashburnham Chapel
Mon 11	9.15-10.45am 7pm	Yoga Filling Station	Sports Pavilion Ashburnham Place
Tue 12	8.30pm	MI	Ash Tree Inn
Wed 13	10am-12pm 7.45pm	Play Cafe Table Tennis	Ashburnham Church Hall Village Hall
Thu 14	10am-1pm 7.30pm 7.30pm	Art Group Bell Ringing Prayer Hour	Sports Pavilion Ashburnham Church Ashburnham Church Hall
Fri 15			
Sat 16			
Sun 17	10.30am 10.30am 6.30pm	Morning Prayer with Children's Activities Holy Communion Evening Service	Ashburnham Church Penhurst Church Ashburnham Chapel

Mon 18	9.15-10.45am 7.30pm	Yoga WI	Sports Pavilion Village Hall
Tue 19			
Wed 20	12.30pm 7.45pm	Village Lunch Table Tennis	Village Hall Village Hall
Thu 21	10am-1pm 7.30pm 8pm	Art Group Bell Ringing Ashburnham Church House Groups	Sports Pavilion Ashburnham Church Various Location
Fri 22	2pm	Book Club	Street Cottage
Sat 23			
Sun 24	10.30am 10.30am 6.30pm	Holy Communion with Children's Activities Morning Prayer Evening Service	Ashburnham Church Penhurst Church Ashburnham Chapel
Mon 25	9.15-10.45am 7.30pm	Yoga Garden Club	Sports Pavilion Ashburnham Church Hall
Tue 26	7.30pm	Ashburnham Church PCC	Ashburnham Church Hall
Wed 27	10am-12pm 7.30pm 7.45pm	Play Cafe Parish Council Meeting Table Tennis	Ashburnham Church Hall Sports Pavilion Village Hall
Thu 28	10am - 1pm 7.30pm 8pm	Art Group Bell Ringing Ashburnham Church House Groups	Sports Pavilion Ashburnham Church Various Locations

Thanks to Ieva Clark for the beautiful cover artwork this month

It's wonderful to have such fantastic, bespoke cover art from Eefie and it's a great place to display some of the creativity we have in our community! If anyone is interested in submitting photos or drawings for future covers please get in touch.

Jay Ashworth - jay.ashworth@btinternet.com