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## Ashburnham and Penhurst Parish Magazine November 2024



Congratulations to Bob Andrew who was admitted into the Order of St Richard in Chichester Cathedral on 5th October by the Bishop of Lewes.

Please send contributions for the December/January edition by Friday 8th November. We reserve the right of refusal & the right to edit any articles

## CHURCH SERVICES IN NOVEMBER at ASHBURNHAM & PENHURST CHURCHES

3 rd November	9.15 am Holy Communion (BCP) at Penhurst (Shoe-Box Service) 11 am Morning Worship at Ashburnham (Shoe-Box Service)
10th November	10.50 am Village Remembrance Service at The Pavilion (No Services at Ashburnham or Penhurst Churches this morning)
17th November	9.15 am Holy Communion (BCP) at Penhurst 3 pm Induction & Institution of Revd Gary at Ashburnham
24th November	9.15 am Morning Prayer (BCP) at Penhurst 11 am Holy Communion (CW) at Ashburnham

BCP stands for Book of Common Prayer and CW stands for Common Worship -  
these are the different orders of services used at each church.

**All these services are open to everyone. Refreshments served afterwards**

### Ashburnham Chapel

Ashburnham Chapel meet at 6.30pm each Sunday.

The service is also on Zoom live for those that cannot attend.

Get in touch with Fay Ramsden on 07860 113413 or 01424 830078 or go to the Chapel  
website [www.ashburnhamchapel.co.uk](http://www.ashburnhamchapel.co.uk) for more information.

Also see the Chapel News later in this magazine for more details.

### Prayer and Pastoral Care for our Villages

Revd Gary Cregeen is responsible for the pastoral care of parishioners, and welcomes the opportunity to meet everyone. If you would value a visit, either for a chat, prayer, or Holy Communion at home, please contact him. Ashburnham Church regularly prays for everyone who lives and works in our villages and we are happy to receive requests for prayer at our various services and meetings. There are also "Prayer Boxes" at St Peter's Church in Ashburnham Place, and outside Ashburnham Chapel at Ponds Green where you can write a card (anonymously if you wish) for a specific issue. These will be offered for prayer on a regular basis and dealt with in the strictest confidence. Ashburnham Church is open daily for private prayer too.

### From the Parish Register

#### Funeral

Tuesday 8th October     Bridget Pettet (83) at Hastings Crematorium  
(died 14 September 2024)

#### Interment of Ashes

Saturday 12th October     Pamela Harmer (92) at Penhurst (died 21 March 2024)  
Saturday 12th October     Arthur George Harmer (90) at Penhurst  
(died 5 August 2024)



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### How prayer was critical to D-Day's success

In the summer Julie and I spent at day at Dover Castle – an architectural marvel and bastion of medieval England, standing proudly atop the famous white cliffs. During the Second World War it was the nerve centre for Allied strategy for the invasion of Normandy. Its myriad of underground tunnels provided a safe base for devising and orchestrating logistical operations, such as *Operation Fortitude* - an intricate plan designed to deceive, confuse and distract the Germans prior to D-Day. Earlier this year commemorations took place to mark the 80th anniversary of the Normandy Landings, honouring those who risked their lives for freedom and peace. Without question the events of 6 June 1944 marked a significant turning point, which helped end the Second World War.

Looking back now, we might think that the success of D-Day was a foregone conclusion, but this would be far from reality. War is always full of uncertainties and D-Day was a prime example. This most daring of military operations was confronted with huge logistical challenges and the leaders of the time recognised the need for much prayer. They recognised their need of God's help, and contemporaries saw the providence of God in circumstances surrounding the invasion, including critical German mistakes, the timing of the landing itself and a 'heaven-sent break' in the weather. For example, D-Day was planned for Monday 5 June, but Force 5 winds were forecast for that day. Consequently, US General Eisenhower, the Supreme Commander, made the difficult decision to postpone the invasion by a day. Speaking on 4 June 1952, Eisenhower recalled: "This day eight years ago, I made the most agonising decision of my life. I had to decide to postpone by at least twenty-four hours the most formidable array of fighting ships and of fighting man that was ever launched across the sea against a hostile shore. ... If there were nothing else in my life to prove the existence of an almighty and merciful God, the events of the next twenty-four hours did it ... The greatest break in a terrible outlay of weather occurred the next day and allowed that great invasion to proceed, with losses far below those we had anticipated ..."

Prayer surrounded D-Day. Army chaplains prayed with troops and on Sunday 4 June a prayer vigil involving 400 army commanders, concluded: "As we stand upon the threshold of the greatest adventure in our history, let us now offer to Almighty God all our powers of body, mind and spirit, so that our great endeavour may be thoroughly finished." And prior to the invasion itself a message from General Montgomery was read out to all troops, which included the following: "To us is given the honour of striking a blow for freedom which will live in history; and in the better days that lie ahead men will speak with pride in our doings. We have a great and righteous cause. Let us pray that 'The Lord Mighty in Battle' will go forth with our armies, and that His special providence will aid us in the struggle." Ironically, as the troops landed on the beaches, they saw a rainbow – in the days of Noah in the Bible, a sign of God's mercy. One airplane crew reported that they had flown through the middle of it while carrying out a bombing mission over the beaches.



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On the evening of D-Day, King George VI broadcast to his peoples, saying: "I hope that throughout the present crisis of the liberation of Europe there may be offered up earnest, continuous and widespread prayer... At this historic moment surely not one of us is too busy, too young or too old to play a part in a nation-wide, a world-wide vigil or prayer as the great crusade sets forth. If our intercessions rise, then, please God, both now and in a future, the predictions of an ancient Psalm may be fulfilled: 'The Lord will give strength to his people: The Lord will give this people the blessing of peace.'" (Psalm 29:11)

With hindsight, we can see just how close to failure D-Day was. However, numerous things came together at just the right time, each of which was crucial for success. Many of these were factors beyond the control of human planning and organisation. All the leaders of the time prayed. The President, the King and the most senior Generals were all unashamed to call for prayer and even to lead people in prayers to Almighty God, with the vast majority of people in the UK joining in. Friends, while we may not be facing a physical war in the nation today, the spiritual battle over the soul of the nation is very real indeed, with brokenness ever present. However, we need not lose heart; as a Christian I am convinced that just as God has answered prayers in the past, He can do so again.

*With every blessing,  
Revd Gary*

Revd Gary Cregeen Priest-in-Charge of Ashburnham with Penhurst, Agmerhurst Granary, Ashburnham. TN33 9NA  
T: 01424 612324 email: [gary@GandJCregeen.co.uk](mailto:gary@GandJCregeen.co.uk)

#### THE BENEFICE OF ASHBURNHAM WITH PENHURST

The Churchwardens invite you to  
the Institution and the Induction by  
The Venerable Martin Lloyd Williams, Archdeacon of Brighton & Lewes

of

The Revd Gary Cregeen  
as Rector of the Benefice of Ashburnham with Penhurst

on

Sunday 17th November 2024 at 3 pm at  
St Peter's Church, Ashburnham Place, Ashburnham TN33 9NE  
Followed by refreshments at Ashburnham Place

RSVP to: [pccsecretary.stpetersashburnham@gmail.com](mailto:pccsecretary.stpetersashburnham@gmail.com) / 01424 892253  
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### A 'NEW' INCUMBENT FOR ASHBURNHAM with PENHURST!

For the last 40 years the Benefice of Ashburnham with Penhurst has been 'suspended' – this is a legal term which enables a Bishop to undertake pastoral re-organisation more easily (i.e. if a parish is not viable, to link it up with another). Consequently, when I was Licensed on 15 th September 2021 it was as Priest-in-Charge, rather than Vicar. These titles do not make any difference to what the post-holder actually does in practice but means there is always the possibility of a Parish or Benefice being merged with another.

However, when a suspension is lifted the likelihood of such re-organisation diminishes and offers extra 'security' for the Incumbent and Parish or Benefice.

Are you still with me, it's hard to explain in writing! Anyhow, the Bishop has decided to lift the suspension which means I will cease being Priest-in-Charge and will officially become Rector (Vicar) of Ashburnham with Penhurst – which I think most folk in the villages see me as anyway!

The last person to be the Vicar of Ashburnham and Rector of Penhurst was the Revd John Bickersteth. Thus, this is quite a milestone for the Benefice.

Consequently, on my becoming Rector, there will need to be a formal Institution and Induction Service with the Ven. Martin Lloyd Williams, Archdeacon of Brighton & Lewes officiating. This service will be on Sunday 17 th November at 3 pm at St Peter's Parish Church, Ashburnham, followed by refreshments at Ashburnham Place.

Besides being an affirmation of my new 'title' (Rector rather than Priest-in-Charge) I am regarding the service as a celebration of our shared life together as a community, alongside Penhurst and Ashburnham churches. Therefore, I'd like to take this opportunity to thank you for the welcome you have afforded Julie and me since our arrival in East Sussex just over three years ago and to warmly invite you to this special service – please see Invitation elsewhere in the magazine.

Revd Gary

### Christmas Shoe Box Appeal 2024 – Good News! Great Joy!

Don't forget that we have our Shoe Box services on SUNDAY 3 NOVEMBER. Please bring your gift-filled shoe box to either Penhurst Church or St Peter's Church, Ashburnham, on then or or deliver it to either of the Churches any time prior to this date. Thank you!

Find more information on the Samaritan's Purse website

<https://www.samaritans-purse.org.uk/what-we-do/operation-christmas-child>





## Remembrance Service

Sunday 10th November 10.50am  
at the Sports Pavilion.

Led by Revd Gary Cregeen

followed by refreshments

Come and join us as we remember all those from  
our villages who gave their lives in conflict.

## HARVEST THANKSGIVING

A big THANK YOU to all who supported the recent Harvest Supper in the Village Hall, and for those who organised this community event and helped out on the day, not least Jenny Yeo, Edith Reavill, Tina French and those setting up and clearing up, and the band of folk who baked and served an amazing Supper of jacketed potatoes, cold meats, sausages and salads, followed by a host of delicious desserts and a wonderful cheese board, included some heavily discounted Pevensey Blue (thank you)!

Having hot-footed it from Chichester (having been invested to The Order of St Richard during the afternoon) Bob Andrew rounded off the evening leading the communal harvest singing. It was a lovely evening, and proceeds amounted to almost £200, which has been donated to Pett Slip Buoys, as well as charities providing help and hope to those in need.

Thanks too to those who attended the Harvest Thanksgiving Services at Penhurst and Ashburnham Churches, not least those who donated food and toiletries to the Foodbank, and donations to Tearfund's 'Building Communities Programme'. Over £320 has been sent to aid the Darfur region of Sudan, caught up in civil war and famine. Both churches were beautifully decorated and special thanks to those who provided such creative, rustic harvest displays.

Well done and thank you everyone! Revd Gary



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## The Order of St Richard

The Order of St Richard is an award for lay people which recognises and celebrates exceptional service to the parish, local community and the Diocese. A number of people from each Archdeaconry are awarded it each year.



Bob Andrew was admitted into the Order of St Richard in Chichester Cathedral on 5th October by the Bishop of Lewes.

Bob was organist for 29 years at Ashburnham Church and has been organist and choir master at St Laurence, Catsfield for the last 18 years.

As well as his service to the churches he has taught in several local schools including 11 years as Head of Music at Claverham Community College.



***Congratulations Bob for this well deserved award!***



## Parish Council News

Parish Councillors in their role as Sole Managing Trustee of the village hall met on 9th October. In addition to our invited visitors, because it was well advertised beforehand as a public meeting 10 or more members of the public turned up! It took trustees by surprise, but they made the most of the opportunity to hear a range of views from a wide section of village hall users.

One item on the agenda was the organisation and reach of the people who would style themselves as 'Friends of the Village Hall'. You will read elsewhere in the magazine that there is to be a meeting in the village hall on Thursday 5th December at 7.30 pm to which everyone who has expressed an interest in supporting the village hall in some way is invited. Out of that meeting it is hoped will emerge a small number who can attend trustee meetings on behalf of 'the friends'. The meeting agenda will include the question of a country fair and flower show in 2025 and an assessment of whether there are sufficient volunteers willing to organise it.

Other items on the agenda were village hall maintenance and future plans to consider. A range of views were expressed, some divergent, about operational facilities including the domestic hot water supply to the kitchen. There was a consensus among users that it was not fit for purpose and trustees agreed that it should cease to be used immediately. Proposals will be sought from three different suppliers about what a suitable system would comprise together with a quotation for installation.

A successful local fund raiser outlined the sources of grants which are readily available in the rural area for facilities and building such as the village hall. There was some blue skies thinking about future improvements including an ambulant toilet, additional storage space and even some visionary redevelopment work.

Clerk to the Council: Brian Holdstock Email: [clerk@ashburnham-penhurst.net](mailto:clerk@ashburnham-penhurst.net)  
Land line: 01323 832082 with answering machine Mobile and Text: 07836 716723  
If leaving telephone voice messages be sure to leave your name and a call back number.

Council meetings are on the fourth Wednesday of alternate months and the next one will be on Wednesday, 27th November 2024. The Planning Committee (if required) meets on the fourth Wednesday of intervening months. A list of councillors' lead responsibilities can be seen on the village website at [www.ashburnham-penhurst.net](http://www.ashburnham-penhurst.net)

All meetings are in public and members of the public are encouraged to attend. There is an agenda slot near the start of the meeting for members of the public to address the Council. The agenda is published online at the village website three clear days before the meeting and hard copy is posted on the notice board at The Chapel. Minutes of meetings are published on the village website.



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**7.30pm start**

**Meal available**  
**Booking is essential**  
**01424 892104**

## MI

**MI will be meeting at the Ash  
Tree Inn, on**  
**Tuesday 12th November**  
**at 8pm, do join us for a drink**

**contact Clive for more details**  
**[cliveclive@live.co.uk](mailto:cliveclive@live.co.uk)**

## Table Tennis Club

**Meets on Wednesdays at**  
**7.45pm in the Village Hall**  
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Village Website**  
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penhurst.net](http://www.ashburnham-penhurst.net)**



**ASHBURNHAM &  
PENHURST WI**

**Monday 18th November**

**Pine Cone Decorations**

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## SHORT MAT BOWLS

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## The Art Group

**The Art Group are happy to be able to  
invite any fellow artists to join us on  
Thursdays, from 10a.m to 1p.m at  
Ashburnham cricket pavilion.**  
**We are a friendly group of mixed  
ability and expertise. We support each  
other and have the occasional  
professional mentor to keep us on  
the right track.**  
**For more information ring Barbara  
Cornish, 01424 435198.**

## Village Walking Group

Our next walk will start in Lakehurst Lane, details to be confirmed. Please phone Tina on 07970 624966 or check the Penhurst and Ashburnham Community Group on Facebook



**The Ashburnham Filling Station** Monday 11th November we welcome Angela Walker from THEO Ministries as our Speaker.

Angela Walker qualified as a medical doctor in 1991 and went on to pursue a career in Paediatrics & Child Health. After becoming a Consultant in 2004, she went on to serve with Heidi Baker and Iris Global in Africa for seven years. Her life was transformed on the mission field where she discovered there could be spiritual and emotional roots to sickness and disease, and learnt on the job how to heal the sick God's way. After her return from Africa, she set up 'THEO Ministries' which involves leading retreats, running courses, releasing e-courses, and ministering in churches. (For more information visit her web: [www.theoministries.com](http://www.theoministries.com))

We meet in Ashburnham Place at 7pm for coffee, and then in the Great Hall for Worship, Teaching and Prayer Ministry Contact Catherine for more information on 07801 634034 or [catherine@duggleby.com](mailto:catherine@duggleby.com)



Our next Men's Breakfast will be on  
**Saturday 30th November**  
at Ashburnham Church Hall



(please note change of date and venue) starting at 8.30am.

Come and enjoy cereals, fruit/yogurt, egg, bacon/sausages in a roll, plus vegetarian options) with plenty of tea and coffee - only £5 per person.

We will hear an update from Jacky Youlden, who was our speaker in January, about "Running Space" and hopefully hear from those in our group who have been involved in this great initiative.

To book a place: [j.french678@btinternet.com](mailto:j.french678@btinternet.com) (or 07970 624966)

After the talk, at approx 9.30am, Jacky will disappear to meet the Ashburnham Running Space group for warm-up exercises, walking and running

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**Festive Afternoon Teas**  
**Saturday 30<sup>th</sup> November – Sunday 22<sup>nd</sup> December 2024**  
**Special festive menu served with apple Punch on arrival**  
**£25.00 per person** (email us for a copy of the menu)

If you are planning to visit here are dates we will be closed during 2024:  
Saturday 16<sup>h</sup> November  
Monday 23<sup>rd</sup> December 2024 – Wednesday 1<sup>st</sup> January 2025  
Further news and information can be found on our Facebook or Instagram page.  
For Enquiries (via Reception) – 01424 894201 / [bookings@ashburnham.org.uk](mailto:bookings@ashburnham.org.uk)

[www.penhurst.org.uk](http://www.penhurst.org.uk)  
01424 892088  
[info@penhurst.org.uk](mailto:info@penhurst.org.uk)



We are excited to announce that our full programme of retreats for 2025 is now up online and bookable. Do head to our website and have a look to see if there is something that appeals to you - we have creative painting retreats; smart phone photography quiet days; well-being weekends and silent retreats and lots more!

This December we are offering a special rate on a stay at the retreat centre, £75 per person per night for any stays after 6th December. Why not come and get away from it all for a night or two and prepare for Christmas.

Advent Quiet Days - we are holding three Quiet Days in December focussed on different advent themes: Tuesday 10th The Unheard Voices led by Peter Doodles. Wednesday 11th Waiting led by Fiona Bower. Thursday 12th Mary's Heart led by Vicki Cottingham. Each day costs £45 to include teaching, refreshments and a delicious two course lunch. Head to our website for more information and to book in. We look forward to welcoming you to Penhurst.

### Parish Magazine Contact Details

To advertise phone Fay on 07860 113413  
or email [oframsdn@hotmail.co.uk](mailto:oframsdn@hotmail.co.uk)  
If you have a question about delivery or  
to submit articles or village notices  
contact Jay Ashworth on  
01424 532972 / 07876 484945 or  
email [ashworthjay1@gmail.com](mailto:ashworthjay1@gmail.com)

### Battle Area Community Transport

Route B79 Ashburnham to Battle  
The weekly bus is running again.  
Depart Battle (Abbey Green) 9.50am  
The Pound 10am  
Ash Tree Inn 10.05am  
Arrive in Battle 10.25am  
Return at 12.05pm

### For information about Church Services

#### Ashburnham and Penhurst Churches

Rev'd Gary Cregeen 01424 612324  
[gary@GandJCregeen.co.uk](mailto:gary@GandJCregeen.co.uk)  
**Ashburnham Chapel**  
Fay Ramsden 07860 113413  
01424 830078

### Flexibus

FlexiBus runs 7am to 7pm, Monday to Saturday (not Sundays or Bank holidays). It is a flexible, on-demand rideshare service, for areas with limited or no bus service. Journeys can be booked by calling 01273 078203 or find more information <https://www.eastsussex.gov.uk/roads-transport/public/flexibus>

### "105" IS THE NUMBER TO CALL IF YOU GET A POWER CUT

105 is a single helpline service for householders to report power failures or safety concerns, or to get information during a blackout. Calls to 105 are **free of charge** and will put you through to your local electricity network operator. You can call 105 from landlines and most mobile phones.

For **Ashburnham Church** events and information go to  
[www.ashburnhamandpenhurstchurches.org.uk](http://www.ashburnhamandpenhurstchurches.org.uk)

#### Ashburnham Chapel Website

[www.ashburnhamchapel.co.uk](http://www.ashburnhamchapel.co.uk)

For **Village** events and information go to  
[www.ashburnham-penhurst.net](http://www.ashburnham-penhurst.net)



### BOOK THE VILLAGE HALL

Redecorated throughout.  
Fully equipped kitchen.  
Perfect for meetings, recreation  
and weddings.  
Hall 16mx7m, Small Room  
8mx6m  
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### Ashburnham Sports Pavilion

Available for hire for all recreational activities.  
Fully equipped kitchen, tables, chairs.  
Amazing location, great for parties.  
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See parish website (Venues) to book  
or email  
[clerk@ashburnham-penhurst.net](mailto:clerk@ashburnham-penhurst.net)



**Village Bonfire and Fireworks**  
**• Friday November 8th**



Adults £6  
 Under 16s £3  
 Cash please!



**Entry price includes a hot sausage bun and warming drink!**

**At the Sports Field TN33 9NU**

**Fire Lit 7pm followed by fireworks**  
**Refreshments served afterwards**

## Christmas Tree Festival

Ashburnham Village Hall

Saturday 30th November 10am-4pm Refreshments available

Sunday 1st December Bookings only for a magical afternoon tea with  
 Carol singers 3pm. £12.50 per head.

Organised by Ashburnham and Penhurst WI  
 in aid of maintaining our village hall

If you would like to sponsor a tree, contact Sharon Spicer

07710 427063 or email [sharonspicer1@sky.com](mailto:sharonspicer1@sky.com)

Sponsoring a tree involves providing a tree with lights and decorations of your choosing. Sponsor as an individual, family group, club, company...

**STRUTT  
& PARKER**

### Ashburnham Estate Properties to rent

From time to time properties become available to rent on the Ashburnham Estate. If you would like to be contacted when something becomes available, without any obligation, please do let us know.

Contact Helen Wainwright 01273 407066, mobile 07909 486014, or email [helen.wainwright@struttandparker.com](mailto:helen.wainwright@struttandparker.com)

for this and any other  
 Ashburnham Estate matters.

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 advertisements for local services in  
 this magazine does not constitute a  
 recommendation.**  
**Readers are advised to make their own  
 enquiries to ensure good service.**

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*Quality sofas and chairs across four showrooms*

**Use it! or Lose it!**

## Ashburnham Village Library & Community Café at the Village Hall

Browse the library for books and jigsaw puzzles.  
We have a good supply of bestsellers, children, and young adult's books available

**2<sup>nd</sup> Saturday  
morning  
of the month**

**10 – 12pm**

**Due to lack of visitors  
Fridays will no longer  
be offered**

Join us, browse the library, play a board game, have a cuppa, or knit and natter.



Got a query?  
Phone Paula on 07780 553 186

## FRIENDS of the VILLAGE HALL Thursday 5th December 7.30pm at THE VILLAGE HALL

To all who have an interest in the future of the village hall, you are warmly invited to a meeting to hopefully encourage individuals to form a team who will help to inspire activities to raise funds to pay for works required to ensure the hall is fit for purpose for its long term future.

If you are unable to come to the meeting but wish to register your interest please email: [sharonspicer1@sky.com](mailto:sharonspicer1@sky.com)



## Running Space at Ashburnham Place

**9th, 23rd & 30th  
November  
9.30 - 11am**

**Meet at the  
Church Hall**

## Murmurations

Early November, the morning is still and sunny and I feel solar-powered as I run through the lanes in my Good Trainers. I don't know where I'll end up, they're bouncy and they make me feel fitter than I am. Good Trainers are different to old, friendly, reliable (and usually damp) Farm Trainers. I love them equally, but Farm Trainers are VERY IMPORTANT and can only be disposed of after much contemplation and with a respectful goodbye ceremony, celebrating their shoe-life of service with a few heart-felt words around the bin, burial hole or bonfire. I run on. It's quiet... one of those days where civilisation has rushed off to hide, but nature is here. Late butterflies dance and pause to pop their colour and sparrows chatter in the hedgerow while small animals amongst the roots squirrel away their harvest suppers, safe in tiny, scattered larders.

I find a discarded Hula Hoop packet on the verge, 'BIGGER HOOP, BOLD FLAVOUR'. Salty bands the size of bracelets roll around on the front. Recently I just happened to hula hoop, a torso-flexing activity which butters-up the spine and hips and massages our internal organs. It also awakens our mini-me cells which are so often scrunched and squashed when they really yearn for space, light, hydration and oxygen. Hula-ing is taken very seriously in certain circles and using a weighted work-out hoop will have you twirling 'til the cows come home! A hundred yards later, from the brambles, I collect another packet – 'LIGHT, FLUFFY PANCAKES ENRICHED WITH BUTTERMILK'. It was only yesterday a secret pancake recipe was shared with me. Add to your mixture: mashed bananas, double cream, sparkling water, baking soda and a little more egg for the lightest, fluffiest pancakes in the world.

I jog on – there's pleasingly very little litter but soon a small plastic tray begs to join the party. Nothing to say. White and empty. A reminder that when we empty out our colliding and clattering thoughts, when we give ourselves space to think nothing, to be nothing and do nothing it's a little gift to our body and mind, a chance to heal or regenerate, to recuperate and to connect with the essence of ourselves.

I'm almost home when a purple wrapper winks at the road edge: '100% ALPINE MILK CHOCOLATE'; I recall a recent cacao ceremony I was invited to, a tranquil and tasty experience, my hands cupped around a clay cup of hot chocolate, glossy and thick and packed with nutrients. Good, dark chocolate is a rich source of magnesium and iron but beware... nibble it too late in the day and you'll be running round the block in your sleep!

Donna Christman

## The Coffee Stop

Next Coffee Stop is

**Friday 1st November**

Drop in anytime between  
10.30 a.m. - 12 p.m.

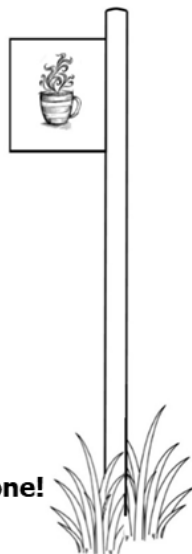
for a cup of coffee and chat.

held in the Pavilion

All ages and interests welcome.

**Looking forward to seeing everyone!**

For further details please call Paula on 01323 832482





## Chapel News for November

First let me remind you that our Carol Service is on the 1st December at 6-30 pm and our Offering will be given to the local charity which helps the homeless, and people who are having difficulty coping with everyday life in our area known as HUG which stands for Bexhill & Rother Homelessness Unity.

Our Chapel Harvest Festival raised £266:60 which has been sent to Water Aid. Have a look on the Chapel Website [www.ashburnhamchapel.co.uk](http://www.ashburnhamchapel.co.uk) to see photographs of the Harvest Decorations.

November looks like being a very busy month for me and I pray that My Lord will keep me fit and healthy. The Chapel continues to be blessed with everything we do and there is a very special fellowship amongst the people who attend each Sunday evening. If you have driven past around 8-15 p.m on a Sunday evening you may have noticed that there are still a few cars parked outside.

Our Christian Library continues to gather more books and we are now nearing filling the first Bookcase which has five shelves. We have quite a selection, books about healing, angels, explanations of the various Books in the Bible, experiences people have had in meeting The Holy Spirit, there are even a couple of books about what happens to us when we die. I have almost finished reading one of them and whilst I agree with everything the author has written I am not sure that 'What happens to us when we die', is the correct title. I decided to read the book because I wonder how the author knew enough about our 'after life' to write a book. One thing about dying that I do know for certain is that if we have not made our peace with the Lord Jesus Christ it tells us in Revelation 20v15 "if anyone's name was not found written in the book of life, he was thrown into the lake of fire". For those of you who do not know how to get your name written in God's book of life, it is very simple, all you have to do is to believe that Jesus died on the cross to save us from our sins and then rose again on the third day and now sits on the righthand side of God. John 3 v 15-16, and John 14v6, Romans 10 v 9 – 17 If you do not believe this fact, I urge you to read the Gospel of Matthew in the New Testament of the Bible. Matthew was a disciple of Jesus and his Gospel tells the good news that Jesus is the promised Saviour, the one through whom God fulfilled the promises he made to his people in the Old Testament. This good news is for all people. The Gospel of Matthew is carefully arranged. It begins with the birth of Jesus, describes His baptism and temptation, and then takes up his ministry of preaching, teaching and healing in Galilee. After this the Gospel records Jesus' journey from Galilee to Jerusalem and the events of Jesus' last week, culminating in His crucifixion and resurrection.

Fay Ramsden

## Cricket Bat Raffle

A fantastic total of £605 was raised in the raffle, made up to **£650** by a donation from the winning pub quiz team in October!

The money will be given to St Michael's Hospice in memory of Robert Parsons, in addition to the funds raised at the Country Fair.

Congratulations to Mark Hague whose winning ticket was drawn by Becky, helped by her family and Bernard and Chris on behalf of the Cricket Club. Thanks to everyone who took part and bought tickets. and special thanks also to Keeley Cricket for the generous donation of one of their cricket bats



## Ashburnham Arts

Well done to Ron King and others for organising another successful Ashburnham Arts Festival in the Village Hall in October.

A grand total of £460 was raised towards Village Hall Funds.

Lots of visitors enjoyed viewing art created by local residents aged 3-80+, including entries from the Woodland Nursery and Forest School themed around 'We're Going on a Bear Hunt', Dallington School's interpretations of Pop Art and a range of paintings, photographs, ceramics, embroidery, weaving and even a large papier mache pig!

Coffee and Cakes were enjoyed by all thanks to Gill, Carol and Jane and it was good to meet old friends and new who popped in to visit.

It's great to celebrate so much local talent!

## November Diary

Fri 1	10.30-12 2pm	Coffee Stop Short Mat Bowls	Sports Pavilion Village Hall
Sat 2	9am-1pm	The Market	Ashburnham Place
Sun 3	9.15am 11am 6.30pm	Holy Communion, Shoe Box Service Morning Worship, Shoe Box Service Evening Service	Penhurst Church Ashburnham Church Ashburnham Chapel
Mon 4			
Tue 5	7.30pm	Pub Quiz	Ash Tree Inn
Wed 6	7.45pm	Table Tennis	Village Hall
Thu 7	10am-1pm	Art Club	Sports Pavilion
Fri 8	2pm 7pm	Short Mat Bowls Bonfire and Fireworks	Village Hall Sports Pavilion
Sat 9	9.30-11am 10am-12pm	Running Space Library Cafe	Church Hall Village Hall
Sun 10	10.50am  6.30pm	Village Remembrance Service  Healing Service	War Memorial, Pavilion Ashburnham Chapel

### **P.A.N.T.S**

**Penhurst and Ashburnham New Theatrical Society**

### **Rapunzel**

**Thursday 21st - Saturday 23rd November 7.30pm**

Tickets £10

Seating will be arranged cafe style so you can bring  
your own food and drink.

More details and tickets from

[yogahoadie@gmail.com](mailto:yogahoadie@gmail.com) or [j.french678@btinternet.com](mailto:j.french678@btinternet.com)  
or 07970 624966

Mon 11	7pm	Filling Station - Conservatory	Ashburnham Place
Tue 12	8pm	MI	Ash Tree Inn
Wed 13	7.45pm	Table Tennis	Village Hall
Thu 14	10am - 1pm	Art Club	Sports Pavilion
Fri 15			
Sat 16			
Sun 17	9.15am 3pm  6.30pm	Holy Communion Induction and Institution of Revd Gary Evening Service	Penhurst Church Ashburnham Church  Ashburnham Chapel
Mon 18	2pm	WI	Sports Pavilion
Tue 19	7.30pm	Prayer Hour	Via Zoom
Wed 20	7.30pm 7.45pm	Parish Council Table Tennis	Sports Pavilion Village Hall
Thu 21	10am-1pm 10.45am 7.30pm	Art Club Church Service led by Revd Gary Rapunzel	Sports Pavilion Hazel Lodge Village Hall
Fri 22	7.30pm	Rapunzel	Village Hall
Sat 23	9.30-11am 7.30pm	Running Space Rapunzel	Church Hall Rapunzel
Sun 24	9.15am 11am 6.30pm	Morning Prayer Holy Communion Evening Service	Penhurst Church Holy Communion Ashburnham Chapel
Mon 25			
Tue 26			
Wed 27	7.45pm	Table Tennis	Village Hall
Thu 28	10am-1pm	Art Club	Sports Pavilion
Fri 29			
Sat 30	9.30-11am 10am-4pm	Running Space Christmas Tree Festival	Church Hall Village Hall